

Resources:

If you require mental health supports while waiting for your appointment, please contact one of the following resources:

Access Mental Health
403-943-1500

Emergencies
Call 911 or go to your nearest
emergency department (24/7)

Health Advice
Call Health Link at 811 (24/7)

Addiction Help Line
1-866-332-2322 (24/7)

Mental Health Help Line
1-877-303-2642 (24/7)

First Nations and Inuit Hope for
Wellness Help Line
1-855-242-3310 (24/7)

Calgary Distress Centre
1-403-266-HELP (4357) or chat /
text at distresscentre.com

Clinic Information:

Sunridge Medical Gallery
#200, 2580 - 32 Street NE
Calgary Alberta, T1Y 7M8
Ph: 403-944-9700

Clinic hours Monday - Friday
8:00 am-4:00 pm
Closed statutory holidays and weekends.

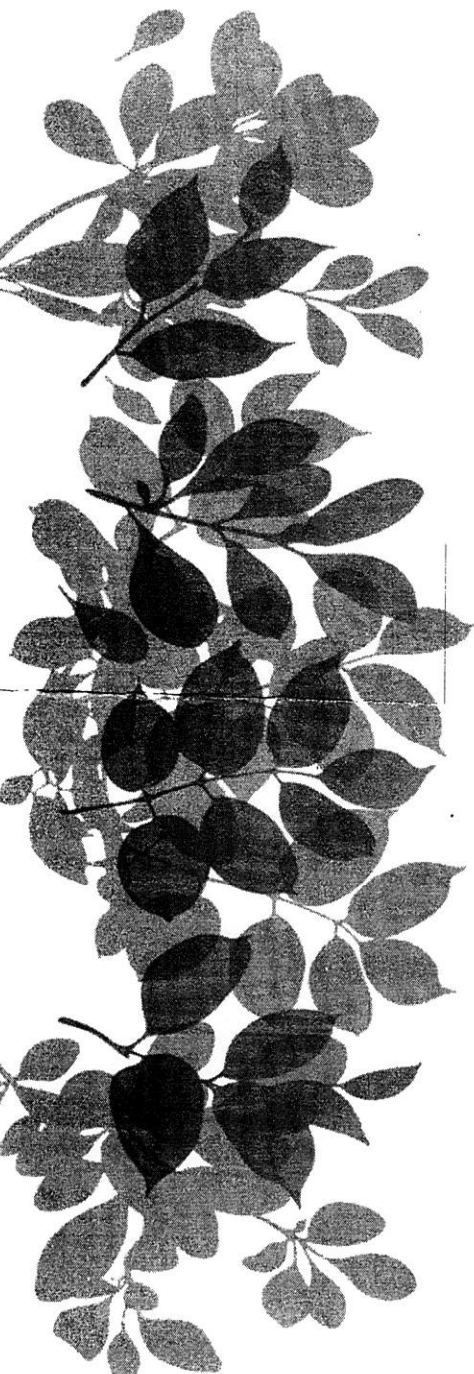


Community Addiction and Mental Health Clinic North East, Urgent Consultation Clinic

On the date of

You presented to the Emergency
Department and a referral to the NE
Urgent Consultation Clinic was made
by

Dr. _____



Urgent Consultation Clinic

The Urgent Consultation Clinic (UCC)

provides patients with a single consultation session with a psychiatrist for the purpose of medication evaluation, diagnostic clarification or follow up recommendations. Consultation is available for the following patient populations:

- Adults 18-65 years of age
- Perinatal and Postnatal

To be eligible for this service:

- You must have a family physician and a valid Alberta Healthcare number.
- Consultation findings are for clinical use of the family physician and are not released to third parties for forensic, legal, insurance or WCB purposes.
- Addiction is not the primary concern

The consultation

appointment:

Before the consultation...

You will be contacted within 72 hours by the UCC to book an appointment. You will be given a reminder call 24 hours in advance of your appointment. If you do not attend this appointment, your referral will be closed.

What to bring to the consultation...

Please bring all medications that you are currently taking in the original containers. If you no longer have the containers, you can bring a list of the medications. If you have questions, we recommend you write them down and bring them to the consultation.

During the consultation...

The consultation is a 45-60 minute interview with a psychiatrist. There may be medical students conducting the interview under the supervision of a psychiatrist.

After the consultation...

A brief report of the consultation will be sent to your family physician, which will include any treatment recommendations that were discussed with you. Please make a follow-up appointment with your family physician after the consultation.

The psychiatrist may provide medication recommendations to your family physician. It is the responsibility of your family physician to prescribe.

