

# Community Addiction and Mental Health Clinic North East, Urgent Consultation Clinic

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## **Urgent Consultation Clinic:**

The Urgent Consultation Clinic (UCC) provides patients with a single consultation session with a psychiatrist for the purpose of medications evaluation, diagnostic clarification or follow up recommendations.

#### The following is what you can expect from the UCC:

- A one-time psychiatric assessment completed by a Psychiatrist with the possibility of a psychiatry resident or a graduate practicum student. Not a crisis intervention service
- Consultations are available for adults aged 18-65 years, including perinatal and postnatal clients
- Consultation findings are for clinical use of the family physician and are not released to third parties for forensic, legal, insurance or WCB purposes
- Referrals can be made directly to the NE UCC clinic via the referral fax line at 403-776-3818
- Assessments will be forwarded to the family physician or medical home to assist with ongoing care
- The psychiatrist may provide medication recommendations to the family physician, but it is the responsibility of the family physician to prescribe

#### To be eligible for this service:

- Clients must have a family physician and a valid Alberta Healthcare number
- Addiction is not the primary concern
- Harm reduction approach to substance use, as long as that is not the primary issue
- Client does not have a primary developmental disorder

### Next Steps for referring to the UCC

- Referral checklist and ED record are faxed to the NE UCC Referral Fax Line at 403-776-3818
- Clients will be called within 72 hours to schedule the assessment appointment
- Clients will be given a reminder call 24 hours prior to the appointment

