

A photograph of a woman and a young girl standing in front of a red brick wall. The woman, on the right, is wearing a mustard yellow jacket and glasses, and is gesturing with her hand while talking to the girl. The girl, on the left, is wearing a purple puffer jacket and has curly hair. They are standing in front of a window with a black metal frame. The bottom right corner of the image is covered by a blue diagonal banner.

# MANAGE CHALLENGING BEHAVIOURS

Create a better connection and strengthen your parent-child relationship with YW's Effective Parenting Group.

This Counselling program is:

- Free to join
- Delivered virtually
- Eight weeks
- For parents/caregivers of children ages 5 and up

[ywcalgary.ca/counselling](http://ywcalgary.ca/counselling)



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